# Talking Circles

WCCC Washington County Community Circles

"Repairing harm to victims, holding clients accountable and building a better community."

www.peacemakingcircles.org Contact@peacemakingcircles.org

CALENDAR OF EVENTS

#### **Completing the Circle**

We started out fall last year introducing our <u>Accountability Circles</u>. We can't believe it has been a year, but we're ready for our next round of cases. We've been working with one client on a test case and it has been an incredibly rewarding experience. We have created a safe place for complex and emotional conversation about gender, sex, family, and power in our community, all through the lens of our community values and our own personal experiences and stories. We hope that you, or someone you know, is interested in joining us on this journey. Please consider signing up for our upcoming training with Imran Ali of the Washington County Attorney's Office.

We also have some new referrals for other Circle cases as well, so if you are interested in volunteering, you can attend our fall training on October 11-12. More on our <u>Events page</u>.

Thanks for continuing to support WCCC, whether through reading our newsletter, volunteering on cases, staying up to date on our activities and sharing with your friends and neighbors, or monetarily (Give to the Max Day is around the corner!).

We truly appreciate your support. It humbles us in our work.

Katie Schurrer Chair of the WCCC Board



#### **Upcoming Events**

- October 3<sup>rd</sup>

   Sex Trafficking Training
- October 11<sup>th</sup> 12<sup>th</sup> • Circle 101 Training

# **Call for Volunteers**

WCCC is seeking volunteers for upcoming Accountability Circles. We are getting 9 new referrals, with 3 clients per case!!!

The focus of Accountability Circles is on clients charged with solicitation of commercial sex. These cases will explore why the client (defendant) committed the crime, discuss what type of harm results from solicitation for prostitution, and to identify what is needed to stop the behavior in the future.

If you want to join us on this journey, there are three steps:



For more information about the upcoming Accountability Circles, click here.



Washington County Community Circles | www.peacemakingcircles.org

#### Partners in (Repairing the harm of) Crime

As a non-profit, there is an ongoing goal of educating the public about the services provided by the organization that benefits the community. WCCC regularly strives to engage our community members to learn about our services and understanding how it affects their surrounding community. In this ongoing mission, WCCC partnered with TPT MN Coproduction, along with Tub Family Alliance, to bring you a production about Restorative Justice and how the Circle process works.

Visit here to watch the video: https://www.peacemakingcircles.org/circles-format

# "Education is not the filling of a pail, but the lighting of a fire." W.B. Yeats

## Breathing for a Clear Mind

Everyone encounters stressful events during the day. At work, during the course of our commute home, getting chores done at home. Before those stressful events take a hold to cause an escalated situation, try a breathing technique to regain a clear mind.

Try the 4-7-8 breaching technique. This can be practiced daily or in a moment of need.

- 1. Choose a comfortable position.
- 2. Gently press your tongue against your top front teeth.
- 3. Part your lips. Make a whooshing sound, exhale completely through your mouth.
- 4. Close your lips and inhale silently through your nose as you count to four in your head.
- 5. Hold your breath for **seven** seconds.
- 6. Make another whooshing sound as you exhale completely through your moth of **eight** seconds.



## Restorative Justice Beyond Washington County

WCCC wants to highlight that other communities around us have efforts towards sustaining a restorative justice program in their community. Specifically, we wanted to let readers know that Ramsey County promotes a program called ETHOS (formerly known as the Neighborhood Justice Program).

ETHOS will address adult first-time, non-violent misdemeanor crimes in St. Paul through restorative justice principles. They are seeking volunteers in the Ramsey County community.

They are also announcing two free trainings.

August 17th, 2019 from 12 PM - 4 PM at Unity Church - Unitarian 732 Holly Ave St. Paul, MN 55104 https://www.eventbrite.com/e/community-circle-participant-training-tickets-67797978579

August 26th, 2019 from 12 PM - 4PM at Unity Church - Unitarian 732 Holly Ave St. Paul, MN 55104 https://www.eventbrite.com/e/community-circle-participant-account-tickets-68050261163

To learn more about ETHOS visit: https://www.stpaul.gov/departments/city-attorney/ethos-program



## phi·lan·thro·py

"Bounty always receives part of its value from the manner in which it is bestowed." -Samuel Johnson

